Test-Taking Strategies Inventory

1 = never, 2 = infrequently, 3 = usually, 4 = frequently, 5 = always

Test Preparation	1	2	2 3	3	4	5	Test Taking
I find out as much as I can about upcoming tests.							I read the directions before I begin answering questions.
I use as many of my own words as possible in my notes.							I read over all the questions before beginning a test.
I know how many times I have to review my notes so that I know them.							I estimate how much time I can spend on each question before I begin.
I make summary sheets of key points.							I underline or circle key words in questions.
I self-test to discover what I have and have not learned before I take a test when I can still do something about it.							I go back and check all of my answers before I turn in my test.
I set up my lecture and text notes in a question and answer or problem and solution format.							I only change answers if I am absolutely certain that my first answer was wrong.
I formulate possible test questions out of main ideas using detail as a guide.							I begin by answering the easiest questions and questions that carry the most points first.
I use mnemonics to help with recall.							I have specific strategies to use when I have to guess.
I use numbers in my notes to indicate steps, stages, phases, characteristics ,etc.							I know how to quickly and clearly construct an essay question.
I avoid cramming a day or two before a test.							
I get plenty of rest the night before a test.							1 2 3 4 5 Total
I study with one or more students for tests.							
I arrive early to the classroom on the day of the test.							22-44 Need to make major changes in your test taking strategies.
Think about the following questions: What changes do you see that you need to make? What are your most productive test taking strategies so far? What are your least productive test taking strategies?				•			45-66 67-88 89-100 Some changes would likely increase future test scores. Few/minor changes are needed to perform better on tests. You have very good test taking strategies.